



39th SUNSHINE FESTIVAL JULY 4th RACE

TUESDAY, JULY 4, 2023

Presented by the Golden Isles Track Club



5K RACE STARTS AT 7:00 AM

1 MILE FUN RUN STARTS AT 8:00 AM

Location: 601 Mallery St. Kings/Mallery/St Simons Park, near the Village on St. Simons Island

Registration	Prior to April 1	April 1 – May 31	June 1 - Race Day
1 Mile Fun Run	\$15	\$20	\$25
5K	\$25	\$30	\$35
Mail to: GITC, PO Box 20651, St. Simons, GA 31522 Make checks payable to: Golden Isles Track Club Register online: www.goldenislestrack.club Questions? thegoldenislestrackclub@gmail.com			

Expo and Late Registration: Sunday, July 2nd, 2-5 pm - St. Simons Presbyterian Church, 250 Kings Way

Race Day Registration (Strict cut-off): Tuesday, July 4, 6:00-6:30 am for 5k & **6:00-7:30 am** for 1 mile

Race Day Packet Pickup: Tuesday, July 4, 6:00-6:45 am for 5k & **6:00-7:30 am** for 1 mile

1 Mile Fun Run: Awards for the first three male and first three female finishers age 12 & under.

Awards for 5K Race: Overall Male & Female, Masters Male & Female (40-49), Grand Masters Male & Female (50-59), plus Senior Grand Masters Male & Female (60 & over). Top three males & females in each of the following age groups: 9 & under, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80 & over. Award for largest team.

Disposable bib chip timing by Second Wind Timing – This is a USATF certified 5k course.

Please circle: 5K or 1 mile

Name: _____ Team _____

Sex: M F Date of Birth: ____/____/____ Email: _____

Address: _____ City: _____ State: _____ Zip: _____

I acknowledge the contagious nature of COVID-19 and voluntarily assume all risks that I may be exposed to or infected by COVID-19 as the result of participation in this event. I agree not to attend if I have had a known exposure to COVID-19 or exhibit a fever, cough, shortness of breath, or other symptoms of COVID-19. I know that running a road race is potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of the weather, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that no refunds will be given if I am unable to participate in race. I hereby grant full permission to any and all the foregoing to use photos, videos, and any other record of this event for any purpose. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Golden Isles Track Club (GITC), Second Wind Timing, Glynn County, Sunshine Festival and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature (Parent or Guardian if under 18): _____ **Date:** _____